

EDITION #16

MARCH 2026

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*Spring Begins*  
at HOME

# LETTER FROM THE EDITOR

March always feels like a pause between what was and what's to come. The days stretch a little longer, the light shifts, and there's a quiet sense of renewal in the air. It's the month where we begin to open windows again—both literally and figuratively—and reassess how our homes are working for us. It feels like the perfect moment to mark International Women's Day.

Home, in many ways, mirrors the rhythm of women's lives. It is rarely static. Spaces are constantly adapting to changing routines, growing families, new ways of working, and the simple need for comfort and calm. March highlights this transition beautifully. Heavy layers are packed away, rooms are gently refreshed, and there's an instinctive urge to lighten both our spaces and our schedules.

Much of this seasonal shift happens quietly, guided by habit and intuition rather than design rules. A living room is rearranged to let more light in. A cupboard is edited after months of winter use. A table becomes a place for work, conversation, and connection all at once. These everyday adjustments often go unnoticed, yet they shape how a home feels and functions.

Women have long been at the centre of this process. Not because it is expected, but because it is lived. Women often notice when a space no longer reflects the people within it, when routines have changed, or when small tweaks could make daily life feel easier. This kind of awareness isn't about aesthetics alone—it's about care, responsiveness, and understanding how environment affects well-being.

As winter fades, many of us feel the urge to reset rather than reinvent. Spring no longer demands a full overhaul, but a thoughtful edit. Decluttering feels less like a chore and more like a release. Homes are refreshed by working with what's already there—rearranging, repairing, reusing—rather than starting from scratch. It's a quieter approach to living, and one that feels increasingly aligned with the way many women are choosing to live now.

This shift reflects a broader lifestyle change. Perfection is losing its appeal, replaced by spaces that feel personal, flexible, and lived in. Homes don't need to look untouched to feel beautiful. In fact, it's often the layered, evolving spaces that feel the most welcoming. A home that supports real life—messy, busy, joyful, and calm in equal measure—feels far more relevant than one that simply looks good on a page.

International Women's Day is also a moment to acknowledge the unseen work that keeps homes running. From managing daily rhythms to creating a sense of warmth and belonging, this labour is essential, yet rarely celebrated. Recognising it matters. Not to reinforce roles, but to value the effort and care that underpin domestic life.

March encourages us to think differently about balance. As the year gathers momentum, the home becomes a place to reset, restore, and reconnect. Women are increasingly shaping homes that support this—spaces that prioritise wellbeing, allow for rest, and adapt as life evolves. The modern home is less about meeting expectations and more about meeting needs.

As we move into a new season, International Women's Day offers a chance to reflect on influence in its most everyday form. The choices made quietly at home, the seasonal shifts guided by instinct, and the ongoing care that turns a house into a place of belonging all deserve recognition.

This month, as light returns and routines soften, we celebrate the women who shape the way we live—through intention, adaptability, and care. Not just today, but every day, and in every space we call home.

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# Spain in March: Fire, Flowers, and the First Hint of Spring

March is one of Spain's most compelling months to travel, offering a remarkable contrast of experiences across its regions. From spectacular fire festivals on the Mediterranean coast to sun-washed southern cities and warm Atlantic islands, Spain in early spring delivers culture, climate, and colour in equal measure.

## Valencia: Las Fallas and the Art of Celebration

Valencia takes center stage in March thanks to Las Fallas, a UNESCO-recognized festival that fuses satire, craftsmanship, and ritual fire.

From March 15–19, 2026, the city fills with towering sculptures known as fallas, culminating in La Cremà on March 19 when the monuments are burned. Daily Mascletà events take place from March 1 at 2:00 PM in Plaza del Ayuntamiento. The Ofrenda de Flores occurs March 17–18, followed by the Nit del Foc fireworks on March 18.

## Seville and Andalusia: Early Spring Warmth

Southern Spain enjoys average temperatures of 19°C–22°C. Seville features the Real Alcázar and Seville Cathedral amid blooming orange blossoms. Granada's Alhambra is especially striking in March, with snow-capped Sierra Nevada views. Semana Santa preparations begin late in the month.

## The Canary Islands: Eternal Spring

With temperatures between 20°C and 24°C, the Canary Islands offer beach-ready weather. Tenerife is ideal for hiking Teide National Park and whale watching, while Gran Canaria offers dunes, greenery, and historic towns. Smaller Carnival events may continue into early March.

## Barcelona and Madrid: Culture and City Life

Both cities are ideal for March travel with fewer crowds. Barcelona is perfect for exploring Gaudí architecture, while Madrid's parks and museums come alive as spring approaches.



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# Paint & Texture

For coastal homes in Spain, the 2026 aesthetic is “Sophisticated Mediterranean”—a refined blend of traditional textures and modern, quiet luxury.

## 1. The Colour Palette

- **Warm Bases:** Swap cool whites for **Chalk, Bone, and Sand**. These capture the intense Spanish sun without looking sterile.
- **The New Blues:** Move away from “nautical” stripes toward **Deep Navy, Dusty Indigo, and Slate**. These work best on cabinetry, shutters, or velvet accent chairs.
- **Botanical Accents:** Use **Olive and Seafoam Green** to mirror the coastal landscape. These are the primary “pop” colors for 2026.

## 2. Materials & Textures

- **Walls:** **Limewash** is the top trend. It creates a soft, cloudy texture that mimics the historical plaster of coastal villas.
- **Floors:** Continuous **Micro-cement** or large-format **Limestone** tiles. The goal is a seamless flow from the living room out to the terrace.
- **Fabrics:** Layer **Heavy Linens** with **Jute and Esparto**. These natural fibers keep rooms cool and add a rugged, organic feel.

## 3. Decor & Lighting

- **Furniture:** Focus on **Organic Curves**. Choose sofas with rounded edges and arched shelving carved directly into the walls.
- **Lighting:** Use **Oversized Woven Pendants** as a focal point. For evenings, use **portable LED lamps** on terraces to avoid harsh overhead lighting.
- **Finishes:** Mix **Unlacquered Brass** (which patinas over time) with **Chrome** for a look that feels curated, not “matchy-matchy.”

## 4. Art & Styling

- **The Statement Piece:** Instead of many small items, choose one **oversized 3D plaster artwork** that plays with the shadows of the sun.
- **Craft Focus:** Display **hand-thrown Spanish ceramics** in matte glazes. Avoid shiny, mass-produced items.
- **Indoor-Outdoor:** Treat your terrace like a second living room with **outdoor rugs** and **weatherproof upholstered furniture** to maximize the Mediterranean lifestyle.

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### ZACK & JENNY



ZACK AND JENNY ARE NOW KENNEL MATES AND GET ON REALLY WELL TOGETHER. ZAC WAS FOUND IN THE MOUNTAINS WITH HIS SIBLINGS WHO HAVE SINCE BEEN HOMED. ZACK IS A REALLY NICE BOY, GOOD ON A LEAD, NEUTERED AND FULLY VACCINATED. D.O.B 1/9/2024. JENNY DOESN'T REALLY HAVE A STORY BECAUSE SHE JUST TURNED UP AT OUR KENNELS. SHE IS A GOOD GIRL WITH NO PROBLEMS, FRIENDLY AND GOOD ON A LEAD. JENNY IS SPAYED AND FULLY VACCINATED. D.O.B 22/1/2024

### TOD & TILLY



PUPPIES TOD & TILLY ARE TWO GORGEOUS BABIES WHO WERE DUMPED AT ONLY 3 WEEKS OLD. 4½ WEEKS LATER THEY ARE NOW THRIVING BEAUTIFULLY THANKS TO SCOTT AND DANNI ON CAMPOSOL WHO ARE FOSTERING THEM. TOD AND TILLY ARE NOW BECOMING VERY PLAYFUL AND A JOY TO WATCH. THEY WILL BE READY FOR ADOPTION IN A FEW WEEKS, SO WATCH THIS SPACE FOR FURTHER INFO.

### JULIO



JULIO WAS AT ANOTHER KENNEL WHICH HAS NOW CLOSED DOWN. HE HAS BEEN IN KENNELS FAR TOO LONG SO WE ARE REALLY KEEN TO FIND HIM THE LOVING, FOREVER HOME HE REALLY DESERVES. PLEASE CONSIDER GIVING HIM A CHANCE. HE IS A GENTLE BOY, GOOD ON THE LEAD, NEUTERED AND FULLY VACCINATED.



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AS MANY OF YOU KNOW OUR SHOP WAS CLOSED FOR TWO WEEKS FOR REFURBISHMENT AND WE ARE PLEASED TO SAY WE ARE REALLY HAPPY WITH THE RESULTS. A HUGE THANK YOU GOES TO ALL THE VOLUNTEERS THAT WORKED SO HARD TO MAKE THIS HAPPEN AND WE HOPE YOU HAVE A GREAT EXPERIENCE WHEN YOU NEXT VISIT. THERE ARE SOME REALLY FABULOUS BARGAINS TO BE HAD, SO IF YOU HAVEN'T ALREADY POPPED IN, PLEASE COME ALONG AND HAVE A BROWSE, YOU WILL NOT BE DISAPPOINTED. WE HAVE A VAST SELECTION OF CLOTHES, CHINA WARE, HOUSEHOLD ITEMS AND FURNITURE.

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WE ARE ALWAYS LOOKING FOR MORE VOLUNTEERS TO WALK THE DOGS AT THE KENNELS, SO IF YOU LOVE DOGS AND ARE LOOKING FOR SOME EXERCISE THIS WILL COVER BOTH. IT IS A GREAT MORNING STARTING AT 9AM AND FINISHING WITH A NICE CUPPA. PLEASE CALL PAUL ON **604 172 627** FOR FURTHER INFORMATION.



HERE WE ARE AGAIN WITH OUR KENNELS FULL, DOING WHAT WE DO BEST - RESCUE AND RE-HOMING. IF YOU ARE THINKING ABOUT A NEW PET PLEASE DO COME AND VISIT THE KENNELS BECAUSE WE HAVE SOME GORGEOUS DOGS. LARGE, MEDIUM AND SMALL DOGS, ALL AGES, ALL DIFFERENT PERSONALITIES, ALL WAITING FOR LOVING HOMES.



# Best Events & Things to do in Torrevieja in March

## Take a day trip to the nearby town of Orihuela

Orihuela is a historic town located near Torrevieja, and it makes for a perfect day trip in March. Visitors can explore the town's rich cultural heritage, including its impressive cathedral, historic buildings, and charming plazas. The town also hosts various events and festivals in March, providing an opportunity to experience the local traditions and customs. Additionally, Orihuela is known for its beautiful gardens and parks, offering a peaceful and scenic escape from the city.

## Explore the historic Old Town of Torrevieja

March is an ideal time to wander through the charming streets of the historic Old Town of Torrevieja. Visitors can admire the traditional Spanish architecture, visit the local shops and boutiques, and discover hidden gems such as the Iglesia Arciprestal de la Inmaculada Concepción, a beautiful church with a rich history. The Old Town offers a glimpse into the city's past and provides a peaceful and authentic experience away from the bustling tourist areas.

## Take a boat tour of the Torrevieja Salt Lakes

The Torrevieja Salt Lakes are a unique natural wonder, and March is an ideal time to explore them. Visitors can take a boat tour of the lakes, where they can learn about the history of salt production in the area and observe the diverse bird species that inhabit the lakes. The pink hue of the water, caused by the presence of microorganisms, creates a surreal and captivating sight that is best experienced from the water.

## Relax on the beaches of Torrevieja

March marks the beginning of the spring season in Torrevieja, and it's a great time to enjoy the city's beautiful beaches. Visitors can soak up the sun, take leisurely walks along the coastline, and admire the stunning views of the Mediterranean Sea. The beaches are less crowded during this time of year, providing a peaceful and relaxing environment for beachgoers to unwind and enjoy the natural beauty of the region.

## Explore the Almond Blossom Route

In March, the almond trees in the Costa Blanca region begin to bloom, creating a stunning display of pink and white blossoms. The Almond Blossom Route takes visitors through the picturesque countryside, where they can admire the beautiful scenery and take in the fragrant aroma of the blossoms. It's a perfect opportunity for nature lovers and photographers to capture the beauty of the region during this time of year.

## Tribute to The Rolling Stones

The tribute band Stones of the Coast will offer a show that revives the great classics of The Rolling Stones, combining live music and stage presence to bring the energy of British rock to the audience.

The concert will take place in the Rodeo Caves of Rojales, on Sunday, March 1, 2026, at 12:00 p.m.

**The Rolling Stones** is a British rock band formed in 1962, considered one of the most influential in the history of music.





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TV News ..... As we come into the Spring / Summer season the satellite signals become significantly weaker as happens every year and clients start to lose the few channels they had over the winter period. We get calls to come and fix it but it is just not possible – UK Satellite TV in southern Spain is generally finished for reliable viewing of all the main channels – and it will not be too long before the whole system closes – internet TV will take over – and this is the way to watch TV in Spain now. TV by internet is a relatively new invention and has had a chequered start up history – to watch you will need two reliable suppliers – the TV system and the internet. Both started off on a huge learning curve when in reality a Ukrainian company pushed the idea into the commercial world. Lots of tech people saw a few Euros to be made in TV systems and the internet industry could not cope with the huge demand TV



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put on their services. Both have moved on since those early days – fibre internet copes with huge volumes of traffic and where not available we all can have Starlink – again fast reliable internet. TV systems have developed along the way with the IPTV systems supplied by the likes of Rainbow Satellites to the (generally illegal) APP based systems on Firesticks, Androids and similar, many of which will be closed down this year by the likes of Google blocking them.

If you have had a bad experience of internet TV or not yet tried it, contact Rainbow to check your internet is up to supplying TV and have a free no obligation demonstration of our system and a one week loan to really assess the system before you commit. We can generally help with all TV / Radio issues for most nationali-

ties – talk to us via WhatsApp and Google translate.

That's it for March – more TV news in April 2026.

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# MARCH STYLE

The professional aesthetic for March 2026 is defined by “**Intentional Ease.**” As we transition from winter’s heavy layers into the freshness of spring, the wardrobe focuses on architectural silhouettes, tactile fabrics, and a sophisticated approach to comfort. This season moves away from the rigid “Office Siren” trend toward a more relaxed, intellectual minimalism.

## The Key Foundations

### 1. The Architectural Silhouette

The defining shape of the season is the **Wide-Leg Trouser**. Whether in a heavy-weight linen or a technical wool blend, the goal is a dramatic, flowing line that pools slightly at the shoe. Pair these with a **Boxy Cropped Blazer** to play with proportions; the shorter hemline of the jacket balances the volume of the pants, creating a look that is both authoritative and modern.

### 2. 90s Minimalist Layering

Clean lines are back in a major way. Incorporate **Boat-Neck Tops** and **Sleeveless Mock Necks** as your primary base layers. These pieces provide a smooth, streamlined foundation that works perfectly under a lightweight trench or a structured cardigan. For women, the **Satin Midi Skirt** layered with a chunky tonal knit offers a professional texture contrast that works for both meetings and evening events.

### 3. The Utility Outerwear Transition

March weather is unpredictable, making the **Modern Utility Trench** the MVP of the wardrobe. Look for styles with exaggerated lapels or unique belted details. For a more casual professional environment, the **Tailored Overshirt** or **Chore Jacket** in a refined fabric like moleskin or high-twist cotton serves as the perfect mid-layer.

## The Color & Texture Story

### The “New” Neutrals

While black will always have a place, March 2026 belongs to **Deep Chocolates**, **Charcoal Greys**, and “**Cloud Dancer**” **White**. Creating an outfit entirely from these muted tones—a style known as monochromatic dressing—instantly signals a high-end, editorial sensibility.

### The Accent Palette

Break up the neutrals with strategic pops of high-visibility color. The standout shades for the season include:

- **Poppy Red:** Best used in small doses like a slim belt or a pointed-toe heel.
- **Butter Yellow:** A soft, optimistic hue perfect for knitwear or silk blouses.
- **Icy Blue:** A crisp, professional tone that pairs beautifully with grey tailoring.

## Footwear & Accessories

### The Return of the Sharp Toe

Footwear moves back toward structure. **Pointed-Toe Slingbacks** with a manageable kitten heel are the essential choice for women, providing a sharp finish to wide-leg trousers. For men, **Suede Loafers** and **Polished Derbies** replace the ubiquitous office sneaker, signaling a return to more traditional craftsmanship.

### The “Quiet” Accessory

In 2026, accessories are structural rather than sparkly. **Medium-sized Toteless Bags** with clean geometric shapes are the preferred carry-all. Jewelry should be sculptural—think thick silver hoops or a single bold cuff—to complement the minimalist aesthetic without distracting from the overall silhouette.

### The Final Verdict

To master the March 2026 look, focus on the **quality of the drape** and the **harmony of the palette**. By mixing relaxed, voluminous bottoms with sharp, cropped tops, you create a professional visual that is as comfortable as it is commanding.



# DID YOU KNOW?

## What is Trust? (Part 3)

Did you know that Trust plays an essential role in Scriptures? Without trust in the words of Yehovah (Jehovah or God) there is no salvation. Can you imagine living in a world having no hope for the future? One must trust the word based on the evidence and prophecies shared in the Scriptures. This is the third and final part dealing with this area, and by no means is this exhaustive. As one continues to study for themselves they will see so much more evidence for trusting in the Scriptures. Let us continue from last month.

Trust must be in the words of Yehovah and not man. Several texts were highlighted concerning this point in Part 1 and Part 2. In the book of Jeremiah chapter 17 and verse 7 it makes plain that happy is the person who places their trust in Yehovah "Blessed is the man that trusteth in the LORD, and whose hope the LORD is". Trusting in the flesh is futile. In the same chapter and verses 9 and 10 there is a warning concerning the heart which states "**The heart is deceitful above all things, and desperately wicked, who can know it? I the LORD search the heart, I try the reins, even to give every man according to his ways, and according to the fruit of his doing**".

Here is an example where a false prophet had deceived the people and this led to his demise. Jeremiah chapter 28 and verses 15 to 17 explains "Then said the prophet Jeremiah unto Hananiah the prophet, hear now, Hananiah, The LORD hath not sent thee, but thou maketh this people to trust in a lie. Therefore thus saith the LORD, behold, I will cast thee from off the face of the earth. This year thou shalt die, because thou hast taught rebellion against the LORD. So Hananiah the prophet died the same year in the seventh month".

Jeremiah was imprisoned for delivering the truth spoken about in the Scriptures. He warned the leaders or princes in Judah that king Nebuchadnezzar of Babylon would attack, destroy it and take captives back to Babylon, because of their continued rebellion. This is noted in Jeremiah chapter 25 and verses 2, 5, 6, 8 and 9 "Jeremiah the prophet spake unto all the people of Judah, and to all the inhabitants of Jerusalem, saying, **turn ye again now every one from his evil way, and from the evil of your doings**, and dwell in the land that the LORD hath given unto you and to your fathers for ever and ever. Go not after other gods to serve them, and to worship them, and provoke me not to anger with the works of your hands, and I will do you no hurt. Therefore thus says the LORD of hosts, because ye have not heard my words, behold, I will send and take all the families of the north, saith the LORD, and Nebuchadnezzar, the king of Babylon, my servant, and will bring them against this land, and against the inhabitants thereof, and against all these nations round about, and will utterly destroy them, and make them an astonishment, and an hissing, and perpetual desolations".

In Jeremiah chapter 37 and verses 15 and 16 it indicates that "The princes were wroth with Jeremiah and smote him. He

was put in prison in the house of Jonathan the scribe, for they had made that the prison. When Jeremiah was entered into the dungeon, and into the cabins, and Jeremiah had remained there many days". But look at the promise given to Jeremiah whilst he was locked up. Jeremiah chapter 39 and verses 17 and 18 discloses the fact that the Lord was going to deliver him from his enemies "But I will deliver thee in that day, saith the LORD, and thou shalt not be given into the hand of the men of whom thou art afraid. For I will surely deliver thee, and thou shalt not fall by the sword, but thy life shall be for a prey unto thee, because thou hast put thy trust in me, saith the LORD". Nahum chapter 1 and verse 7 discloses "**The LORD is good, a strong hold in the day of trouble, and he knoweth them that trust in him**".

Look at this statement in Mark chapter 10 and verses 23 and 24 "And Jesus looked round about, and saith unto his disciples, how hardly shall they that have riches enter into the kingdom of God. And the disciples were astonished at his words. **But Jesus answereth again, and saith unto them, children, how hard is it for them that trust in riches to enter into the kingdom of God**". Also, in 2nd Corinthians chapter 10 and verse 7 it makes it clear "Do ye look on things after the outward appearance? If any man trust to himself that he is Christ's, let him of himself think this again, that, as he is Christ's, even so are we Christ's". The warning in 1st John chapter 4 and verse 1 should not be taken lightly "**Beloved, believe not every spirit, but try the spirits whether they are of God, because many false prophets are gone out into the world**". Lastly, in 1st Thessalonians chapter 2 and verse 4 it explains "But as we were allowed of God to be put in trust with the gospel, even so we speak, not as pleasing men, but God, which trieth our hearts".

To conclude, be encouraged with the following passages. In 1st Timothy chapter 6 and verses 20 and 21 he was informed "**O Timothy, keep that which is committed to thy trust, avoiding profane and vain babblings, and oppositions of science falsely so called, which some professing have erred concerning the faith. Grace be with thee. Amen**".

Without trust in the living word of Yehovah (Jehovah or God) there is no salvation. As in 2nd Timothy chapter 3 and verses 16 and 17 they state "**All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, that the man of God may be perfect, thoroughly furnished unto all good works**".

Joshua writes the following in Joshua chapter 24 and verse 15 "If serving the LORD seems undesirable to you, then choose for yourselves this day whom you will serve...but as for me and my household, we will serve the LORD". Salvation is free for all and everyone has a choice to make. What will you choose?

I hope you have learned more about the Scriptures. Next month I will look at 'what is wisdom?'

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# March-To-Do List: Homes and Living

March marks the transition between winter's retreat and spring's arrival—a pivotal moment to refresh, restore, and re-imagine the home. As daylight lengthens and temperatures soften, this is the ideal time to embrace spring cleaning, address essential maintenance, and subtly shift interiors toward a lighter, more effortless aesthetic. From deep cleaning to outdoor preparation, these thoughtful updates ensure your home is ready for the season ahead.

## Spring Cleaning & Interior Refresh

A true seasonal reset begins indoors. March is the month to shed winter's weight and invite clarity back into living spaces.

- **Declutter with Intention:** Store heavy coats, boots, and winter bedding. Replace them with breathable linens and lighter layers to instantly brighten bedrooms and closets.
- **Revitalize Floors:** Carpet shampooing and professional rug cleaning remove months of tracked-in winter debris.
- **Maximize Natural Light:** Wash windows inside and out, and clean blinds or window treatments to allow spring sunlight to flood the home.
- **Dust from Top to Bottom:** Ceiling fans, light fixtures, crown molding, and baseboards deserve focused attention.
- **Kitchen Reset:** Empty and sanitize the refrigerator, wipe cabinetry, and deep-clean the oven to prepare for spring cooking.
- **Bathroom Maintenance:** Inspect and re-caulk tubs and showers where needed to prevent moisture damage.
- **Air Out the Home:** On mild days, open windows to refresh indoor air and reduce lingering winter allergens.



## Exterior Maintenance & Home Care

Before plants bloom and schedules fill, address outdoor maintenance to protect your investment.

- **Clear Gutters:** Remove leaves and debris to prevent water damage during spring rains.
- **Inspect Roof & Siding:** Look for loose shingles, cracks, or mildew and address issues early.
- **Refresh Hardscapes:** Power wash decks, walkways, and driveways to erase winter grime.
- **HVAC Preparation:** Replace filters and schedule an A/C service check before warmer weather arrives.
- **Safety Essentials:** Test smoke and carbon monoxide detectors and replace batteries as needed.



## Gardening & Landscaping

March offers optimal conditions for planting and preparation.

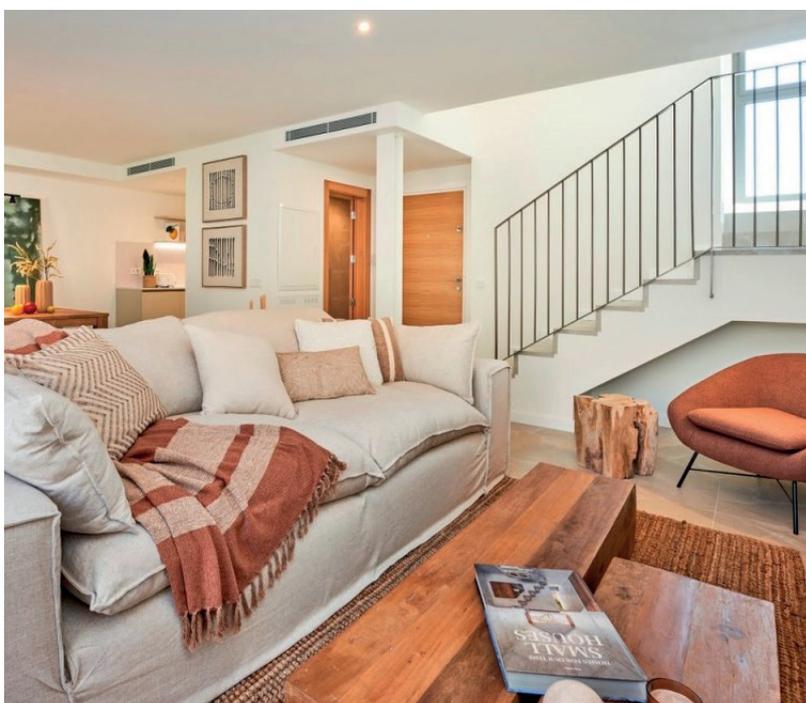
- **Yard Cleanup:** Remove fallen branches and leftover debris from winter storms.
- **Mulch Beds:** Apply fresh mulch to protect roots, retain moisture, and suppress weeds.
- **Prune Strategically:** Cut back summer-flowering shrubs and roses just before new growth begins.
- **Start Seeds Indoors:** Tomatoes, peppers, lettuce, and annuals thrive when started early.
- **Plant Trees & Shrubs:** Cool, damp soil allows roots to establish before summer heat arrives.



## Home Styling & Seasonal Living

Spring is not only about cleaning—it's about curating a lighter way of living.

- **Update Décor:** Store heavy throws and dark accents. Introduce fresh florals, woven textures, and soft neutrals.
- **Refresh Home Scents:** Opt for citrus, herbal, or floral fragrances that feel clean and uplifting.
- **Organize the Entryway:** Prepare for muddy shoes and spring rain with smart storage solutions.
- **Prepare for Entertaining:** Clean outdoor furniture and ready the grill for early-season gatherings.
- **Get Financially Organized:** Gather tax documents and household records ahead of April deadlines.



# Seasonal Foods in March

March marks a subtle yet meaningful transition in Spanish cuisine. As winter loosens its grip, early spring produce begins to appear in markets, while age-old Lenten traditions tied to Semana Santa continue to shape the national table. The result is a season defined by freshness, restraint, and regional celebration.

***“March in Spain is where tradition meets renewal—on the plate and at the table.”***

## **Vegetables**

Artichokes (alcachofas) are at their peak, prized for tenderness and depth of flavor. Green asparagus (espárragos), broad beans (habas), peas, and spinach feature prominently in both home kitchens and restaurant menus. In Catalonia, the season belongs to calçots—large, sweet green onions grilled over open flames and dipped into smoky romesco sauce during lively calçotadas.

## **Fish and Seafood**

In keeping with Lenten customs, salt cod (bacalao) takes center stage. Classic preparations include potaje de vigilia, a chickpea and spinach stew traditionally served on meat-free Fridays, alongside bacalao al ajoarriero and crisp buñuelos de bacalao. Fresh seasonal fish such as sea bass, sardines, and anchovies are also widely enjoyed.

## **Meat**

Although Lent tempers meat consumption, early spring remains an excellent season for lamb and suckling pig—particularly in Castile and León, where slow-roasted preparations continue to define regional cooking.

## **Fruits**

Citrus fruits—especially oranges and lemons—remain abundant, bringing brightness to both sweet and savory dishes. Strawberries begin appearing in markets toward the end of the month, signaling the approach of warmer days.

## **Desserts & Drinks of the Season**

**Torrijas:** A defining sweet of Holy Week, torrijas are slices of bread soaked in milk or wine, fried gently in olive oil, and finished with cinnamon and sugar—humble, indulgent, and deeply nostalgic.

**Buñuelos:** Light, airy fritters enjoyed across Spain, especially during Valencia’s Las Fallas festival. Some versions are filled with pumpkin or custard for a festive touch.

**Drinks:** March’s lighter fare pairs beautifully with crisp white wines such as Rueda or Galician Albariño. As terrace season begins, local craft beers also return to café tables.

### **Regional Highlights**

**Valencia:** Paella Valenciana takes pride of place during Las Fallas, celebrating seasonal abundance and regional identity.  
**Catalonia:** The calçotada is more than a meal—it is a social ritual marking the end of winter and the joy of gathering outdoors.

March in Spain is a month of quiet renewal, where seasonal produce, cultural traditions, and regional pride come together to create a cuisine that is both grounded and celebratory—perfectly attuned to the rhythm of early spring.





# Beauty in March

Here is the comprehensive guide for your March beauty transition, combining a deep-dive routine with specific product recommendations and advanced treatments for 2026.

## I. The Seasonal Transition: Winter to Spring

March is the “Bridge Month.” The air holds more moisture, and your skin’s sebaceous glands become more active. Continuing with heavy winter products can trap new oil, leading to “Spring Breakouts.”

- **Switch to Lighter Hydration:** Swap thick occlusive creams for **lightweight gel-moisturizers** or water-based formulas. This prevents the “greasy” feeling as humidity rises.
- **The Antioxidant Necessity:** Vitamin C isn’t just for a “glow”; it acts as a secondary line of defense for your sunscreen. It neutralizes free radicals that UV rays create, “pre-loading” your skin before the intense summer heat.
- **Strategic Exfoliation:** Use **Lactic Acid** (for hydration) or **Salicylic Acid** (for pores) twice a week. This removes the “thick” winter layer of dead skin that makes your complexion look grey or ashy.
- **The PM Hair Wash:** In March, pollen is “sticky.” Washing your hair before bed prevents transferring allergens to your pillow and face, which reduces morning eye puffiness and redness.

## II. Top Spanish Pharmacy Products

Spanish “Dermocosmética” is world-renowned for high-tech sun protection and stabilized vitamins.

- **ISDIN Fusion Water Magic SPF 50:** The gold standard. It is water-based, absorbs instantly, and doesn’t sting the eyes. Perfect for the increasing March sun.
- **Sesderma C-Vit Liposomal Serum:** Uses nanotechnology to encapsulate Vitamin C, allowing it to penetrate deeper into the skin rather than just sitting on the surface.
- **Heliocare 360° Gel Oil-Free:** A mattifying sunscreen that protects against UVA, UVB, Visible Light, and Infrared—ideal if you spend your afternoons outdoors.
- **Deliplus Pure Urea 10%:** A budget-friendly powerhouse for the body. Urea acts as a “keratolytic,” dissolving dry, crusty skin on elbows and heels to prep for spring clothing.
- **La Roche-Posay Cicaplast Baume B5:** Keep this

on hand for “March Madness” skin sensitivities or windburn caused by fluctuating spring temperatures.

## III. 2026 Beauty Treatments: The “Regenerative” Era

For March 2026, the industry has shifted toward bio-hacking—treatments that use your body’s own biology to repair and glow.

- **Polynucleotides (Salmon DNA):** This is the “it” injectable for 2026. It uses DNA fragments to repair tissue at a foundational level, specifically targeting under-eye hollowing and neck laxity.
- **Exosome Facials:** Often paired with microneedling, these signaling molecules “tell” your skin cells to behave younger, dramatically reducing downtime and boosting collagen.
- **Cold Plasma Therapy:** Uses ionized gas to tighten skin and kill acne bacteria with zero pain or peeling—perfect for a quick spring refresh.
- **Lymphatic “Icoone” Therapy:** A non-invasive body treatment using micro-stimulation to drain toxins and firm skin, helping to reduce the “heavy” feeling as temperatures rise.

## IV. Quick Maintenance Tips

- **Spring Clean Your Tools:** Bacteria grow faster in warmer weather. Deep clean your makeup brushes once a week.
- **Internal Hydration:** Drink water with a squeeze of lemon and a pinch of sea salt. This ensures your cells actually absorb the hydration rather than it just passing through.
- **Check Expiration Dates:** March is the time to audit your stash. If a product has changed color, smell, or consistency, toss it to avoid irritation.



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# Motorsport in March around Spain

Spain's motorsport calendar for March 2026 is packed with season openers, historic festivals, and the much-anticipated debut of electric world championship racing in the capital.

## March 2026 Editorial Highlights

**\* Winter Series Finals (March 5–15):** The month kicks off with the concluding rounds of the winter season. Gedlich Racing brings its GT, GT4, and Formula Winter Series to MotorLand Aragón from March 5–8, followed by the grand finale at the Circuit de Barcelona-Catalunya on March 12–15. Simultaneously, the Spanish Winter Championship (F4 and Eurocup-3) will crown its champions at MotorLand Aragón from March 13–15.

**\* Formula E Madrid E-Prix (March 21):** For the first time, the ABB FIA Formula E World Championship arrives in Spain's capital. The Circuito de Madrid Jarama-RACE will host the GEN3 Evo cars, which can accelerate from 0 to 100 km/h in just 1.82 seconds.

**\* Spanish Superbike Season Opener (March 19–22):** Motorbike fans head south to the Circuito de Jerez – Ángel Nieto for the opening round of the ESBK Spanish Superbike Championship. In Huelva, the MX Music Fest combines world-class motocross with live music at the Almonte Circuit from March 19–22.

**\* Historic Racing & Drifting (March 7–29):** Early in the month, the Racing Legends Festival at Valencia's Circuit Ricardo Tormo celebrates classic cars and bikes. The month concludes with the Espíritu de Montjuïc at the Circuit de Barcelona-Catalunya (March 27–29), featuring over 200 historic competition vehicles.

Dates	Event	Venue
March 5-8	Winter Series (GT/Formu/GT4)	MotorLand Aragón
March 7-8	Racing Legends (Classics)	Circuit Ricardo Tormo (Valencia)
March 7-8	Drift Spain Round 1	Circuito de Madrid Jarama-RACE
March 12-15	Winter Series Grand Finale	Circuit de Barcelona-Catalunya
March 13-15	Spanish Winter Championship Final	MotorLand Aragón
March 19-22	ESBK Superbike Round 1	Circuito de Jerez
March 19-22	MX Music Fest (Motocross)	Almonte (Huelva)
March 21	Formula E Madrid E-Prix	Circuito de Jerez
March 23	Exclusive GT Track Day	Circuito de Madrid Jarama-RACE
March 23	Formula E Madrid E-Prix	Circuito de Jerez
March 27-29	Espíritu de Montjuïc (Historic)	Circuito de Madrid Jarama-RACE
March 27-29	Espíritu de Montjuïc (Historic)	Circuit de Barcelona-Catalunya



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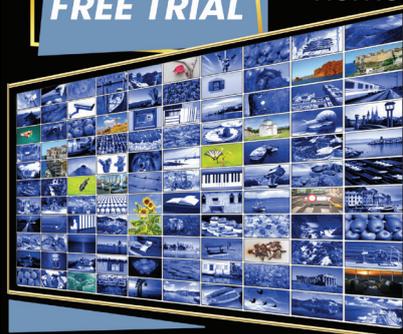
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## Crispy Parmesan Chicken with Creamy Cajun Pepper Pasta

This comforting pasta dish layers bold Cajun flavour with a luxuriously creamy sauce and crisp, golden chicken. Simple pantry ingredients come together in a restaurant-worthy meal that feels indulgent yet approachable—perfect for both weeknights and casual entertaining.



### Ingredients

Chicken cutlets or tenders  
Panko breadcrumbs  
Finely grated Parmesan cheese, plus more for serving  
Extra-virgin olive oil  
Kosher salt and freshly ground black pepper  
Short-cut pasta (penne, bow ties, or similar)  
1 medium yellow onion, sliced  
Bell peppers, sliced  
Garlic, minced  
Cajun seasoning  
Crushed red pepper flakes  
Milk  
Heavy cream or canned coconut milk  
Cream cheese  
Butter  
Chopped fresh parsley, for garnish

### Method

Begin by building the sauce. In a large skillet, melt butter with a drizzle of olive oil over medium heat. Add the onion and bell peppers and cook until softened and fragrant. Stir in the garlic, Cajun seasoning, and a pinch of crushed red pepper flakes, allowing the spices to bloom briefly in the heat.

Pour in a splash of milk and cream, then gradually stir in grated Parmesan until melted and smooth. Whisk in a small amount of cream cheese—just enough to add body and silkiness—then let the sauce gently simmer while you prepare the chicken.

Season the chicken cutlets with salt and pepper. Coat them generously in a mixture of Panko breadcrumbs and Parmesan cheese. Heat olive oil in a separate skillet and pan-fry the chicken until golden brown and crisp on both sides and cooked through. Transfer to a paper-towel-lined plate.

Meanwhile, cook the pasta in well-salted boiling water until al dente. Drain and add directly to the simmering sauce, tossing to coat evenly.

To serve, spoon the creamy pasta into warm bowls and top with the crispy Parmesan chicken. Finish with additional grated Parmesan and a scattering of fresh parsley.

# Smoked Paprika Chicken Fajitas with Creamy Jalapeño Verde Sauce



Bold spices, sizzling peppers, and a silky green sauce make these chicken fajitas a standout weeknight favorite. Smoked paprika and cumin bring warmth, while a creamy jalapeño verde drizzle adds just the right kick.

Serves 4–6

## Ingredients

### Chicken Fajitas

2 tablespoons extra-virgin olive oil  
1½ pounds boneless chicken breasts or thighs, thinly sliced  
2 tablespoons smoked paprika  
2 teaspoons chili powder or Tajín  
2 teaspoons ground cumin  
2 teaspoons dried oregano  
Kosher salt and freshly ground black pepper  
2 tablespoons salted butter  
3 cloves garlic, chopped  
Crushed red chili flakes, to taste  
1 yellow onion, sliced  
2 bell peppers, sliced  
1 poblano pepper, sliced  
8–10 tortillas, warmed

### For Serving

Cotija cheese  
Fresh cilantro  
Lime wedges

### Creamy Jalapeño Verde Sauce

4 ounces cream cheese, at room temperature  
¾ cup salsa verde  
1–3 tablespoons pickled jalapeños, chopped

## Directions

In a large skillet, combine the olive oil, chicken, smoked paprika, chili powder, cumin, oregano, salt, and pepper. Toss well to evenly coat the chicken. Set the skillet over high heat and cook, stirring occasionally, until the chicken is deeply seared and cooked through, about 8 to 10 minutes. During the final 2 minutes, add the butter, garlic, and a pinch of chili flakes. Cook for 1 minute more, until fragrant, then transfer the chicken to a plate.

Using the same skillet, add the sliced onion and cook over medium heat until softened and fragrant, about 5 minutes. Add the bell peppers and poblano pepper, season with salt and pepper, and cook until tender and lightly charred, another 5 minutes. Return the chicken to the skillet and toss to combine. Remove from the heat.

To make the sauce, place the cream cheese and salsa verde in a small skillet set over very low heat. Whisk constantly until smooth and creamy. Remove from the heat and stir in the chopped pickled jalapeños.

Fill the warm tortillas with the chicken and pepper mixture. Spoon the creamy jalapeño verde sauce over the top and finish with cotija cheese, fresh cilantro, and a squeeze of lime.

# Charities & Groups Directory

**AGE Concern**  
 Tel: 634 344 589 Costa Cálida  
 Age Concern Social Centre, 2B Avenida De Los Covachos,  
 Camposol C Sector, Mazarrón, Murcia, 30875  
 Email: [ageconcerncostacalida@gmail.com](mailto:ageconcerncostacalida@gmail.com)  
 Facebook: Age Concern Costa Calida

**Andrea's Animal Rescue & The Henrietta Foundation**  
  
[www.andreasanimalrescue.com](http://www.andreasanimalrescue.com)  
[andreasanimalrescuemurcia@hotmail.com](mailto:andreasanimalrescuemurcia@hotmail.com)  
 TEL: 690 906 565 CHARITY No. 9.980/1a

**Cavalli Foundation**  
 "Helping Horses Help People"  
  
**CAVALLI**  
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[info@cavallifoundation.org](mailto:info@cavallifoundation.org)  
 Call: 636 172 198 CHARITY No. 9.980/1a

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**Community Respite Care for the Mazarrón Area**  
  
 Dee: 603 121 416

**FRIENDS OF MAZARRÓN ANIMALS**  
[fma.murcia@gmail.com](mailto:fma.murcia@gmail.com)  
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 facebook: Friends-of-Mazarrón-Animals  


  
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 Facebook: Helping The Perrera Dogs

# Charities & Groups Directory



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Port shop: 602 624 521  
Camposol shop: 711 016 236  
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# Sudoku

LEVEL: MEDIUM

1		6	3	2				
4			5			1		
					6	5		
					2			
		8				9	6	
		4	1	7	9		5	8
8								5
7			9					
			2		5	8		

EVERY ROW AND COLUMN MUST CONTAIN THE NUMBERS 1 TO 9 WITHOUT ANY REPETITIONS.

EVERY 9X9 BOX MUST BE FILLED WITH THE NUMBERS 1 TO 9.

# SPRING



## WORD SEARCH PUZZLE

Z	L	B	O	D	X	T	U	R	E	W	O	L	F
M	E	X	D	B	P	S	P	R	I	N	G	V	F
J	O	L	P	B	H	C	V	S	Y	Z	H	P	S
R	L	A	W	E	N	E	R	L	I	T	D	D	C
A	V	T	E	E	B	N	T	C	G	S	Q	Y	X
I	K	E	D	R	A	F	K	M	R	S	N	F	W
N	L	P	G	V	D	U	A	Z	K	I	N	G	E
V	B	L	O	O	M	N	H	T	M	R	A	W	D
E	Z	F	N	V	Z	R	J	F	T	T	P	X	O
G	A	R	D	E	N	M	H	X	R	A	G	L	J
Q	I	N	I	E	G	R	A	S	S	A	U	D	B
A	Q	Y	D	R	I	B	E	J	P	C	B	O	Z
D	U	B	U	R	C	K	H	J	J	T	A	E	S
X	B	J	W	M	H	O	Y	J	U	J	P	R	S

BEE  
DEW  
BIRD



RAIN  
PETAL  
GRASS



BLOOM  
FLOWER  
GARDEN



SPRING  
WARMTH  
RENEWAL

# WHAT'S ON?

## Events



### Every Day

Noah's ARC Dog Walking @ Mazarrón

### Every Monday

Market @ Alhama & Huerca Overa  
Camposol Walking Football Club @ Pto de Mazarrón 10am-11am

Forget Me Not Respite Care @ The Social Centre, Camposol B 10.15am  
Friends of Mazarrón Animals Collection @ Camposol B Lower Car Park 10.30am-11am  
Andrea's Animal Rescue Collection @ Camposol B Car Park 11am-1pm

### Every Tuesday

Market @ Alhama & Los Gallardos  
Los Bandidos Cycle Ride from Mojácar Playa See their FB page for times  
Loose Woman on Tuesday Meeting @ Marsalada, Mojácar Playa 1.30pm

Helping the Perrera Dogs Volunteering @ Mazarrón Perrera 9am  
Helping the Perrera Cats Volunteering @ Mazarrón Perrera 9am  
Noah's ARC available for donations @ Spar, Mazarrón Country Club 10am-12pm

GoMad available for collections @ Camposol A Car Park 10.30am-12pm  
Qi Gong & Tai Chi on the beach. Meet at Samsara, Mojacar Playa 11am  
Proceeds to Donkey Charity

### Every Wednesday

Market @ Tatana & Mojácar  
Los Bandidos Run/Walk/Jog from Mojácar. See their FB page for times  
Los Bandidos Sea Swimming Club @ Mojácar. See their FB page for times

Victory Churches Spain Prayer Meeting @ Calle Villaricos de la Alumbres 17, Mazarrón  
Climbing Workshop-Mothers & Children @ Mojácar 5.15pm & 6.30pm

### Every Thursday

Market @ Lorca  
Los Bandidos Cycle Ride from Mojácar. See their FB page for times  
Camposol Walking Football Club @ Pto de Mazarrón 10am-11am  
Los Amigos de Mazarrón FC Meeting @ Camposol A 4pm  
Over 60's Memory Workshop @ Centro de Usos Múltiples, Mojácar

Friends of Mazarrón Animals available for donations @ Pto de Mazarrón 10-10.30am  
Forget Me Not Respite Care @ The Social Centre, Camposol B 10.15am  
Mazarrón AA Meeting @ Cañadas de Gallego 5.30pm (Call 646 290 420)

### Every Friday

Market @ El Pareton, Garrucha & Puerto Lumbreras  
Camposol D Bucket Collection @ The Hut, Camposol D 9.30am-12pm  
Los Palacios Gardening Group Library @ Camposol A 10am-12.30pm  
Climbing Workshop-Mothers & Children @ Mojácar 5.15pm & 6.30pm  
Black Pudding Sandwich Special @ El Encuentro, Mojacar Playa

Line Rancing @ Centro de Usos Múltiples, Mojácar 5€ 4-8pm (proceeds to Charity)

Helping the Perrera Dogs Volunteering @ Mazarrón Perrera 9am  
Helping the Perrera Cats Volunteering @ Mazarrón Perrera 9am  
Noah's ARC Stall @ Camposol B Commercial Centre 9.30am-1pm  
Friends of Mazarrón Animals Collection @ Isla Plana Social Centre 1-1.30pm

### Every Saturday

Market @ Fuente Alamo, Mazarrón, Aguilas, & Vera  
Free Guided Walk @ Mojácar until May (call 950 615 025 to reserve)  
Los Bandidos Run/Walk/Jog from Mojácar. See their FB page for times  
Guided Visit @ La Bastida, Totana 10am/12pm from 2.50€

Black Pudding Sandwich Special @ El Encuentro, Mojacar Playa

Harlequin Rock Choir Rehearsals @ The Social Centre, Camposol B 1.30pm

### Every Sunday

Market @ Pto de Mazarrón  
Antique and Second Hand Market @ Cañadas del Romero 8am-1pm  
Car Boot Sale @ Camposol A  
Beach Dog Club Meeting @ Bolnuevo Beach 9am  
Beach Dog Club Meeting opposite Pueblo Best Indalo, Mojácar 9.30am  
Free Yoga Class @ Playa del Descargador, Mojácar 10am (until May)  
Los Bandidos Cycle Ride from Mojácar. See their FB page for times  
Rastro Market @ Centro de Usos Múltiples, Mojácar Pueblo  
Guided Visit @ La Bastida, Totana 10am/12pm from 2.50€  
Victory Churches Spain Sunday Service @ Calle Villaricos de la Alumbres 17, Mazarrón 11am  
St Nicholas Church Service @ Camposol D20 C/Sobrija 11am  
Dog Walking/Socialisation @ Turre (from Plaza Constitución) 11.30pm

Paella Special @ El Encuentro, Mojacar Playa 1.30pm  
Black Pudding Sandwich Special @ El Encuentro, Mojácar Playa

St David's Day  
Zero Discrimination Day

St Nicholas Church Songs of Praise @ Camposol D20 C/Sobrija 11am  
Victory Churches Spain Sunday Service @ Calle Villaricos de la Alumbres 17, Mazarrón 11am

### MARCH Sunday 1st

### Tuesday 3rd

World Hearing Day

	World Wildlife Day
	Monthly 'B' Clean Meeting @ Camposol B 4pm
	GoMad Pop Up Shop/available for donations @ Camposol A Car Park 10.30am-12pm
<b>Thursday 5th</b>	Ash Wednesday (start of Lent)
	PAWS-PATAS Bingo Lunch Club @ The Snug, Mojácar Playa 1.30pm 10€ inc lunch
<b>Sunday 8th</b>	International Women's Day
	Victory Churches Spain Sunday Service @ Calle Villaricos de la Alumbres 17, Mazarrón
	St Nicholas Church Holy Communion @ Camposol D20 C/Sabrija 11am
<b>Tuesday 10th</b>	HELP MMM Coffee & Company @ Calle Helena, Los Alcazares 11am- 12.30pm
<b>Wednesday 11th</b>	St Nicholas Church Coffee Morning @ Camposol D20 C/Sabrija 9.30am-12pm
<b>Thursday 12th</b>	Equimur International Purebred Horse Show @ IFEPA, Torre Pacheco (Up until the 15th March)
<b>Sunday 15th</b>	Mothering Sunday (UK)
	St Nicholas Church Morning Prayer @ Camposol D20 C/Sabrija 11am
	Victory Churches Spain Sunday Service @ Calle Villaricos de la Alumbres 17, Mazarrón
<b>Tuesday 17th</b>	St Patrick's Day
<b>Thursday 19th</b>	San José (Spanish Father's Day/Dia del Padre)
<b>Friday 20th</b>	International Day of Happiness First Day of Spring
	PAWS-PATAS Mr & Mrs Competition @ The Snug, Mojácar Playa 2pm 10€ per couple inc. Win a weekend for 2 in Almeria
<b>Saturday 21st</b>	Artisan Market @ Paseo de las Comunidades, Pto de Mazarrón 10am
<b>Sunday 22nd</b>	World Water Day
	Victory Churches Spain Sunday Service @ Calle Villaricos de la Alumbres 17, Mazarrón
	St Nicholas Church Holy Communion @ Camposol D20 C/Sabrija 11am
<b>Wednesday 25th</b>	St Nicholas Church Coffee Morning @ Camposol D20 C/Sabrija 9.30am-12pm
<b>Sunday 29th</b>	British Summer Time Begins (clocks spring forward)
	St Nicholas Church Palm Sunday @ Camposol D20 C/ Sabrija 11am

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ANDREA'S ANIMAL RESCUE	690 906 565	andreasanimalrescuemurciaotmail.com
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CAMPOSOL WALKING FOOTBALL CLUB	634 103 668	sectordphone@mail.com
CLIMBING WORKSHOP FOR MOTHERS, MOJÁCAR		nlinareo@mojacar.es
CLOUD 9		c9drama@gmail.com
FORGET ME NOT	603 121 416	
FRIENDS OF MAZARRÓN ANIMALS	711 032 574	fma.murcia@gmail.com
GOLDEN STARS AMATEUR THEATRE GROUP		goldenstarsmazarron@gmail.com
HARLEQUIN ROCK CHOIR		randcjackson56@gmail.com
HELP MAR MENOR		helpmmm@gmail.com
LINE DANCING, MOJÁCAR	648 217 503	
LOS AMIGOS DE MAZARRÓN		d.c.greenfield@hotmail.co.uk
LOS BANDIDOS CYCLE/RUN/SWIM GROUP	see our fb page	
LOS PALACIOS GARDENING/COMM GROUP	634 312 853	
MAKING A DIFFERENCE	603 389 006	
MAZARRÓN AA GROUP	646 290 420	
NOAH'S ARC		info@noahsarcmurcia.com
PAWS PATAS		dogs@paws-patas.org/ cats@paws-patas.org
ST NICHOLAS ECUMENICAL CHURCH	634 143 260	
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# Switching to Windows 11

The trusted computer repairman is on call for anyone looking to upgrade their PC in the wake of Microsoft "end-of-lifing" Windows 10.

Are you still on Windows 10 and need to upgrade your PC or laptop but nervous about going about it? Don't know if you need to do it or not? Haven't got a clue what I'm talking about? Not to worry: call Alex Woods at FixTech! He'll walk you through what you need to know.

In a nutshell, back on Tuesday October 14, Microsoft stopped providing support for Windows 10, meaning users no longer receive software updates, security checks or technical assistance from Microsoft.

In theory, this leaves thousands of computers vulnerable to emerging security threats, malware and system vulnerabilities. Luckily for all Windows users in Murcia, Alex Woods is a PC wizard and can supply all specifications of PCs and laptops at very competitive prices, not to mention advice free of charge. With the ongoing problems of lack of chipsets being available due to these AI companies taking them all, prices of computers and PC equipment are on the rise.

**NOW IS THE TIME TO BUY BEFORE ANOTHER MAJOR RISE IN PRICE.**

If you agree that you need to buy a new computer as a result of Microsoft's meddling, Alex is on hand to set it all up in your home and ensure all the data from your old machine is correctly copied over, so that you don't lose a thing (and, importantly, so that you don't have to do it all yourself!).

If you're unsure whether this issue affects you, just give Alex a call to make sure, and he'd be happy to have a look for you. Alex started his computer repair service over 22 years ago and has gone from strength to strength over the years, covering the whole of the Region of Murcia. Reliability and honest advice, as well as huge knowledge, are key when it comes to technology. Don't just take our word for it. FixTech has picked up national recognition after winning the Computer Repair category at the Spain Prestige Awards 2025/26. FixTech was selected for its consistent service, technical expertise and strong reputation among customers across the Region of Murcia.

**Alex at FixTech** can be contacted on **0034 696 667 182**, 7 days a week, even on Sundays.



## Make A Difference

We are now entering the third month of 2026 and we are on schedule to make at least two substantial donations to help all those in need in our area. We also make a 1000€ every other month to the San José Church in Pto de Mazarrón as a food donation to their Food Bank in conjunction with Social Services Mazarrón.

We have recently made a donation of 2000€ to Age Concern who, although their admin and Social Centre is based within Urbanizacion Camposol, they help many people within the wider Mazarrón area. We were also able to donate 528€ to Mazarrón Day Centre, based in Mazarrón Town. They cater for the needs of many who have family members with various degrees of disabilities. This donation enables them to make social day trips as a group, aiding them to feel part of the community and gain many social skills together.

The first Tuesday of every month, when our van is at Camposol Sector A car park, we have a pop-up shop with some of our quality items. This year we hope to extend this idea at other events and places around the Mazarrón area. So if you have some lovely items you feel you could donate we would appreciate your generosity. You can bring any small donations to the van on the first Tuesday of each month, or for larger items you wish to donate, please call us on 603 389 006 and we can arrange to pick them up.

**36** [info@spaintodayonline.com](mailto:info@spaintodayonline.com)

Please also get in touch if you would like to join our Volunteer Team - we especially need more drivers for our van. If you could spare some of your precious time and help towards this cause, please call us or drop into our shop based in Pto de Mazarrón at Calle Sierra Espuna, Ordenacin Bahia 31.

We thank you for your continued support enabling us to Make a Difference to so many people in our area. Thank You.



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# VICTORY CHURCHES SPAIN

We are now entering the 3rd month of 2026, how time is flying! As we get older, we seem to take our time more seriously. We want to do "The Bucket List". But what do we have on our bucket list? Exotic holidays? Skydiving from the Empire State Building? Or something a little more simple?

Is your eternal salvation on that list? God wishes for no man to perish, but to do that we must have a relationship with Jesus. He is the way to the Lord. (John 14:6 NLT Jesus told him, "I am the way, the truth, and the life. No one can come to the Father except through me). Essentially what this is saying is that a relationship with God and eternal life are found exclusively in Jesus, and His words are a loving invitation to trust Him, rather than just a set of rigid rules. We can all be good people, have good intentions, give generously, help others, but when we don't know Jesus, our salvation is not secure, our eternal life not promised.

God gives us all the opportunity to get to know Him, to have a relationship with Him, to secure our place in heaven. Our days here on earth are numbered and we don't get a second chance at life. What we do here and now is what secures where we go next. Jesus is not about rules and regulations. He is about trust, truth and relationship. Without Him we are lost souls searching endlessly for the meaning of life. With Him we are complete, with purpose and have salvation. There is no magic wand being waved to transform a life, there is a heart searching and seeking a relationship with the one who saves. Are you searching for something? Are you questioning what it's all about? We don't have all the answers, but what we do have as followers of Christ is a relationship with the one true creator, the one who laid down His life so that we can have ours. Would you like us to introduce you to Him?



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# BUSINESS DIRECTORY

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<b>Corral Associates (23)</b> 968 078 754	<b>Multiservicios (14)</b> 618 783 709	<b>Leisure:</b>	<b>Lord's Removals (23)</b> 608 061 872
<b>Legal View (23)</b> 968 332 058	<b>Funeral Plans:</b>	<b>WH Travel (6)</b> 966 761 492	<b>Security:</b>
<b>Airport Parking:</b>	<b>Thy Will Be Done (38)</b> 865 756 058	<b>Locksmith:</b>	<b>C &amp; G Fabrications (17)</b> 966 764 730
<b>AA Parking (27)</b> 950 459 208	<b>Gardening:</b>	<b>Unlocked (27)</b> 653 551 155	<b>Erik's Metal Works (11)</b> 636 050 008
<b>Bars, Cafés &amp; Restaurants:</b>	<b>Anchor Landscapes (23)</b> 622 648 038	<b>Money Transferes:</b>	<b>Unlocked (27)</b> 653 551 155
<b>Blu (35)</b> 661 644 042	<b>Jardineria El Milagro (14)</b> 610 949 595	<b>Currencies Direct(13)</b> Mazarrón 968 976 383 Mojácar 950 478 914	<b>Shops:</b>
<b>Encuentro (25)</b> 658 168 440	<b>No Grow Grass (27)</b> 676 601 941	<b>Outdoor Living:</b>	<b>La Bodega (1 4)</b> 966 789 198
<b>Builders/Building Services:</b>	<b>Heating &amp; Aircon:</b>	<b>Mozzies (27)</b> 711 006 718	<b>Smoking Supplies:</b>
<b>C &amp; G Fabrications (17)</b> 966 764 730	<b>Multiservicios (14)</b> 618 783 709	<b>Plumbers:</b>	<b>E-Cigs (27)</b> 699 800 878
<b>Construcción Global (13)</b> 686 733 844	<b>Insurance:</b>	<b>Multiservicios (14)</b> 618 783 709	<b>Solar Power:</b>
<b>Handyman Builder (14)</b> 602 643 436	<b>Bryan White Insurance (14)</b> 950 472 098	<b>Property Rentals/Management/Maintenance:</b>	<b>Go Solar (13)</b> 654 596 247
<b>Car Rentals:</b>	<b>Filbees Insurance (25)</b> 669 075 157	<b>The Finishing Touch (40)</b> 968 380 071	<b>Spas &amp; Hot Tubs:</b>
<b>Costa Coches (27)</b> 639 081 067	<b>Legal Services:</b>	<b>Property Sales/Purchases:</b>	<b>Eurospas (5)</b> 650 722 905
<b>Cars Sales/Mechanics/Services/Spares:</b>	<b>Corral Associates (23)</b> 968 078 754	<b>Filbees Real Estate (25)</b> 868 058 750	<b>Translation/Hospital Appointments:</b>
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<b>Ken Sherwood Mechanic (24)</b> 679 646 859	<b>Filbees (25)</b> 669 075 157	<b>The Finishing Touch (40)</b> 968 380 071	<b>Costa Cálida Prop Services (39)</b> 968 199 251
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<b>FIXTECH (27)</b> 696 667 182	<b>Legal View (23)</b> 968 332 058	<b>Davinia Construction (14)</b> 711 084 860	<b>Britstream (25)</b> 612 550 647
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